

Delights

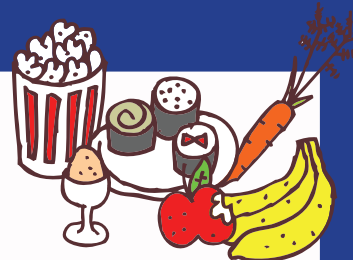
from the Heights (snack menu)



Drinks

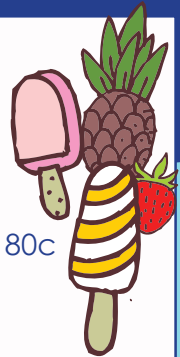
★ Water	\$2.00
★ Plain Milk	\$1.20
★ Plain Milk with Sippah Straw (chocolate, vanilla, strawberry, marshmallow)	\$2.00
Hot Milo (winter only)	\$1.50
★ Juice, small (apple, apple & blackcurrant)	\$1.80
Up & Go (chocolate, vanilla, strawberry)	\$2.00
Glee Sparkling Fruit Drink (rocking raspberry, tropical treat, bubblegum grape, blackcurrant burst)	\$2.00
★ Emma and Tom's Smoothies (green power, karrarama)	\$3.50

Snacks (available all day)



★ Yoghurt Squeezy	\$1.50
Cheesie Veg Muffin	\$1.00
Cereal Cup, with or without milk	\$1.00
★ Boiled Egg	\$1.00
★ Popcorn	\$1.00
★ Piece of fruit (orange, mandarin, banana)	\$1.00
★ Apple Slinky	\$1.00
★ Watermelon	50c
★ Seasonal Fruit Cup	\$1.00
★ Snack Pack	\$1.00
Cheese on Toast	\$1.00
★ Dip Pot (hommus with carrot sticks)	80c
★ Carrot Sticks	20c
Bread sticks (plain)	20c
★ Messy Monkeys (cheese, BBQ)	\$1.00
Rice Crackers	50c
Mini Fruit Muffin of the Day	50c
★ Mighty Chocolate Mousse	
★ Juicy Jelly	\$1.00
★ Custard and Fruit Cup	\$1.00
★ Crispy Fruit (mango, strawberry, pineapple)	\$2.00

Brain Freeze (lunchtime only)



★ Frozen Fruit Pops (coconut water with strawberry, watermelon, tropical)	80c
★ Frozen Juice Stick (tropical, pineapple, mango, orange)	\$1.00
★ Frozen Chocolate Milk Pop	\$1.00
★ Frozen Smoothie Pop (banana or strawberry)	80c
★ Juicies, lemonade	\$1.50
★ Twisted Frozen Yoghurt (blueberry and cookie dough, strawberry and vanilla, mango and watermelon)	\$2.50
★ Frozen Orange Wedge	10c
★ Frozen Pineapple Ring	50c
★ Frozen Fresh Pineapple Stick	\$1.00